



PUMPKIN

SUPER FOOD POWDERS



Our pumpkin powder is best known as a source of beta-carotene — a powerful antioxidant may reduce the risk of developing certain types of cancer, offer protection against asthma and heart disease, and delay aging and body degeneration. Pumpkin fiber is a natural co-product made from the pumpkin pomace generated from the processing of pumpkins. It is a highly nutrient-dense food, rich in vitamins and minerals but low in calories. *(Source: MedicalNewsToday.com)*

Our customers use pumpkin powder for the following applications:

- * Additional fiber content in prepared food products
- * A substitute for modified food starches
- * Addressing dietary allergies in food production
- * Creating a clean label by increasing the amount of NATURAL ingredients in a recipe
- * Sourcing ingredients from North America
- * A thickening agent in sauces, soups & marinades and a nutrient dense mix in for a variety of foods.

NUTRITIONAL FACTS

Protein	13.36%
Ash	2.67%
Calories Calculated	386 kcal/100g
Carbohydrates Calculated	68.37%
Calcium	156 mg/100 g
Iron	18 mg/100 g
Sodium	19 mg/100 g
Total Dietary Fiber	42.3%
Sugar Profile	
Fructose	1.50 g/100 g
Glucose	5.94 g/100 g
Sucrose	<0.15 g/100 g
Maltose	<0.15 g/100 g
Lactose	<0.15 g/100 g
Total Sugars	7.44 g/100 g
Total Vitamin D	
Vitamin D2	<0.100 IU/100 g
Vitamin D3	<0.100 IU/100 g
Total Vitamin D	<0.100 IU/100 g
Cholesterol	<0.8 mg/100 g
Calories From Total Fat, Calculated	59 kcal/100 g
Total Fat Triglycerides	6.60 g/100 g
Total Saturated Fatty Acids	1.45 g/100 g
Mono & Poly Unsaturated Fatty Acids from Trans FAP	
cis, cis-Polyunsaturated Fatty Acids	2.28 g/100 g
cis-Monounsaturated Fatty Acids	2.54 g/100 g
Total Trans Fatty Acid Isomers - GC	0.03 g/100 g

Data is not lot specific and should not be considered a specification.

